

Checklist

SOLUTIONS & SERVICES CAPABILITIES

WELLMETRICS

- ✓ In-house health screenings
- ✓ Fingerstick & Venipuncture
- ✓ BMI, blood pressure, cholesterol
- ✓ Blood glucose, WHtr, heart rate
- ✓ Online registration scheduler
- ✓ Onsite health concierge
- ✓ Partner lab network
- ✓ Home test kits
- ✓ Health Provider Screening Forms
- ✓ Nationwide screener network
- ✓ Professional code of conduct policy
- ✓ Individual screener insurance
- ✓ Case resolution process
- ✓ After-hours case resolution
- ✓ Event promotional communications
- ✓ Appointment confirmation & reminders
- ✓ Participant results follow-up
- ✓ Well-Being Assessment integration
- ✓ Secure direct-feed test upload
- ✓ Physical testing scorecard
- ✓ Care coordination
- ✓ Onsite program registration
- ✓ Out-of-range follow-up
- ✓ Screening external verification
- ✓ Permits & licenses nationwide
- ✓ Onsite event manager
- ✓ Satisfaction performance guarantees

PROGRAMS

- ✓ Lifestyle management
- ✓ Personal performance
- ✓ Prevention management
- ✓ Reasonable Alternative Standard
- ✓ Health-Contingent management
- ✓ Targeted communications
- ✓ Unlimited inbound
- ✓ Multi-modal access
- ✓ Live and pre-recorded webinars
- ✓ Guides and learning exercises
- ✓ Data evaluation tools
- ✓ Group coaching
- ✓ One-on-one coaching
- ✓ Permanent onsite coaching
- ✓ Onsite coaching workshops
- ✓ Certified Intrinsic Coach® team
- ✓ In-house program delivery
- ✓ 6-week goal assessment
- ✓ Nutrition, clean eating, whole foods
- ✓ Stress management, resilience, sleep
- ✓ Tobacco cessation
- ✓ Weight management
- ✓ Heart health
- ✓ Physical well-being & fitness
- ✓ Work & financial well-being
- ✓ Metabolic syndrome
- ✓ Diabetes prevention

ENGAGEMENT PLATFORM

- ✓ Personalized brand
- ✓ Custom platform URL
- ✓ Invitation email activation
- ✓ SAML 2.0 Single Sign On
- ✓ Social networking
- ✓ Team challenges & leaderboards
- ✓ Individual challenges
- ✓ Gamification, nudges, badges
- ✓ Points-based progression
- ✓ Participation-based programs
- ✓ Performance-based programs
- ✓ Health-Contingent programs
- ✓ Flexible rewards by subgroup
- ✓ Targeted activities & communications
- ✓ Mobile-optimized site and iOS app
- ✓ Integrated with 80+ apps & devices
- ✓ Self-report or external verification
- ✓ Interactive participant result reporting
- ✓ Online Well-Being Assessment
- ✓ Real-time admin dashboard
- ✓ Aggregate reporting
- ✓ KPIs and recommendations
- ✓ Email campaign creation
- ✓ Ad-hoc website engagement data
- ✓ Ad-hoc health risk data
- ✓ Ad-hoc Well-Being Assessment data
- ✓ Vendor & resource integration

POPULATION INSIGHTS

- ✓ Dedicated account management
- ✓ Compliance support
- ✓ Monthly business reviews
- ✓ Quarterly and annual reviews
- ✓ Program engagement reports
- ✓ Coaching outcome reports
- ✓ Annual biometric reports
- ✓ Year-over-year cohort analyses
- ✓ Custom reporting
- ✓ Customer service center
- ✓ Eligibility feed management
- ✓ 6 included data integrations
- ✓ Electronic medical record integration
- ✓ HIPAA-compliant infrastructure
- ✓ 24/7 support queue
- ✓ Live help desk
- ✓ Client satisfaction surveys
- ✓ Participant satisfaction surveys
- ✓ Data encryption storage & transfer
- ✓ Secure data backup
- ✓ Disaster recovery plan
- ✓ Penetration testing
- ✓ SSAE 16 SOC 2 Type 2 audit
- ✓ PHI protection
- ✓ Cost savings analyses (addl.)
- ✓ Data integrations (addl.)
- ✓ Data translation/transformation (addl.)